

CARE OF THE HOME

BUSY MOTHERS SHOULD ENLIST SERVICES OF CHILDREN.

Dawning Sense of Responsibility Can Be Awakened by Giving Them Part of House to Care For.

The busy mother, especially without a servant, will find the proper care of the home too much for her unless she enlists the children as helpers, says the Mothers' Magazine. Let her begin to practice systematics at once in this case. Let her also call into play the dawning sense of responsibility. Assign some particular corner or box of playthings to one child to be cared for. Let there be a certain proprietorship in this and develop a pride in doing the bit of work well. A small boy might have the task of putting away yesterday's newspapers, and do it regularly, as his own special part in keeping the house tidy and pleasant. The formation of careful habits and genuine relief to the mother will be the double effect of apportioning such tiny tasks to the children.

The motive for doing these little things well should be made prominent. It should not be thought of as drudgery at all, but should be allowed as an honor, showing that the child is now big enough to help mother and do things in the right way. Discriminating praise should be bestowed, not as if it were anything astonishing and out of the way for the little one to do the work and do it well, but as a token of appreciation of the motive and the manner of doing it. Encourage as much as possible, but do not develop any vanity in the little one by praising everything done, or going to any excess.

Let love be the mainspring of every little service.

HAIRBRUSH IS A NOVELTY.

Has Electrical Storage Battery Attached to Back.

A novelty in the vanity line is an electrical hairbrush, which differs from the ordinary electrical hairbrush attached by cords to a battery in that it has a small storage battery attached to the back of the brush, doing away with the wires and separate battery, and thus requiring but one hand to manipulate it. The battery is detachable and may be used for massage movements for rheumatism, neuralgia and the other ills which electricity is believed by some to allay. It also has a sponge attachment for concentrating the current on any part of the body. The storage battery is in a small nickel tube, easily handled, and has to be recharged every three months. It comes in a leather box with its hairbrush and sponge attachments, and suggests a nice Christmas gift for the woman who likes to experiment with all the new aids to perpetual youth and beauty.

Meat Pie with Potato Crust.

Take six boiled potatoes, three-quarters of a pound of cold meat, three ounces of butter, one egg, one teaspoonful of meat essence, pepper and salt to taste. Mash the potatoes, add salt, butter, and the beaten yolk of the egg; beat all together lightly with a wooden spoon. Cut the meat into thin slices, trim off fat, season with pepper and salt. Spread layer of the mashed potatoes on a pie dish, lay in slices of meat, pour over meat essence, add the rest of the potatoes, smooth over with a knife, and bake in a moderate oven for half an hour. Serve hot.

Trick in Dish Washing.

Where a great deal of dish washing is necessary, it is a good plan to do away with the drying of them. To make this possible, in the average household, a rack is now sold. It is shaped like those photographers use for negatives, only, of course, much larger. After being rinsed with clean, hot water, the dishes can be set up on edge in the rack and allowed to dry by evaporation. All they need then is a polish with a dry towel as they are placed on the table. One can wash the dishes, go about other work and return to find them all ready to put away.

Home Remedy for Neuralgia.

Cut a fresh slice of bread and soak one side in boiling hot water. Sprinkle the soaked side quickly with cayenne pepper. Cover with cheese cloth and apply hot.

Was Never Married Before.

When an Indian Territory pastor recently told a prospective bride and bridegroom to join hands in order that he might continue the ceremony, the bridegroom seized his wife by the hand and said: "Pleased to meet ye."

Read Wisely.

A man may as well expect to grow stronger by always eating as wiser by always reading. Too much overcharges nature, and turns more into disease than nourishment.—Jeremy Collier.

WOMEN'S WOES



Thousands of women suffer daily headache, dizzy spells, languor, nervousness and a dozen other symptoms of kidney trouble, but lay it to other causes. Make no mistake. Keep the kidneys well, and these aches and troubles will disappear.

Mrs. Anthony Cadrette, 77 Mechanic street, Leominster, Mass., says: "My sight failed, I had sharp pain in my back and bearing-down pains through the hips. I was nervous, fretful and miserable. The urine was greatly disordered and I began to have the swellings of dropsy. I was running down fast, when I started using Doan's Kidney Pills. A wonderful change came and after using them faithfully for a short time I was well."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Immigrants for Ecuador.

The government of Ecuador has signed a contract with an agency in Guayaquil for the purpose of importing immigrants into the lower and eastern portion of the republic. The company binds itself to import 5,000 families. It is specified in the contract that the immigrants shall be white and preferably of the German or Dutch races.

Starch, like everything else, is being constantly improved, the patent Starches put on the market 25 years ago are very different and inferior to those of the present day. In the latest discovery—Defiance Starch—all injurious chemicals are omitted, while the addition of another ingredient, invented by us, gives to the Starch a strength and smoothness never approached by other brands.

Going to Take a Day Off.

A postmaster, not many miles from Billville, posted the following notice on his shutter recently: "All parties expectin' mail are hereby notified to git all that's comin' to 'em in advance—any time before next Thursday, that bein' the day we have app'ointed to go huntin'—not havin' had a holiday from the government since July 4, and the said government seemin' to forget that bein' only human, we need rest and recreation occasional. There's some little mail here for the Joneses and the Tompkins—but it don't amount to much, as it's all got one-cent stamps on it. There ain't nuthin' much in the business nohow!"—Atlanta Constitution.

Edible Menu Card.

In London the latest thing is a "bill of eat" that you may finish your meal on. The sheet on which it is printed is the sugar paper used on the bottom of macaroons, while the lettering is cake frosting. The London caterer who "invented" the edible menu card has been honored by the patronage of the king. The king "commanded" the caterer to teach his chef to make the edible novelty, and the king's chef produced it for a dinner at Windsor castle. There was much laughter as the king's guests discovered that the menu "cards" were good to eat. They promptly ate them. It is said that the only bad thing about the cards is the bad French, and that is quite digestible.

HARD TO SEE.

Even When the Facts About Coffee Are Plain.

It is curious how people will refuse to believe what one can clearly see. Tell the average man or woman that the slow but cumulative poisonous effect of caffeine—the alkaloid in tea and coffee—tends to weaken the heart, upset the nervous system and cause indigestion, and they may laugh at you if they don't know the facts.

Prove it by science or by practical demonstration in the recovery of coffee drinkers from the above conditions, and a large per cent. of the human family will shrug their shoulders, take the drugs and—keep on drinking coffee or tea.

"Coffee never agreed with me nor with several members of our household," writes a lady. It enervates, depresses and creates a feeling of languor and heaviness. It was only by leaving off coffee and using Postum that we discovered the cause and cure of these ills.

"The only reason, I am sure, why Postum is not used altogether to the exclusion of ordinary coffee is, many persons do not know and do not seem willing to learn the facts and how to prepare this nutritious beverage. There's only one way—according to directions—boil it fully 15 minutes. Then it is delicious." Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville, in pkgs. 'There's a reason.'"

Carnet tags dyed with PUTNAM FADELESS DYES will remain bright and beautiful. No trouble to use.

He who steals a watch should not be surprised if he has to do time later.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. See a bottle.

Seek to Abolish Opium Evil. Three separate societies in England are agitating for the abolition of the opium trade in India.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

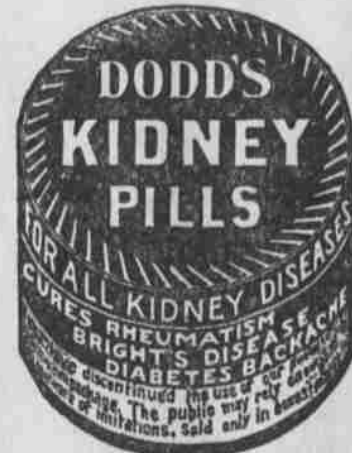
Bears the Signature of *Chas. H. Fletcher*. In Use For Over 30 Years. The Kind You Have Always Bought.

New York Girl Now Lady Paget. There are now ten Lady Pagets in Great Britain, the latest being the wife of Gen. Paget, who has just been knighted. She was Miss Minnie, daughter of Mrs. Paron Stevens, of New York. Her first appearance in London society was made a good many years ago, when her beauty and vivacity caused quite a sensation.

Laundry work at home would be much more satisfactory if the right Starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying thickness, which not only destroys the appearance, but also affects the wearing quality of the goods. This trouble can be entirely overcome by using Defiance Starch, as it can be applied much more thinly because of its greater strength than other makes.

Romance in Writers' Lives. A strange comedy and tragedy was woven into the lives of Ibsen and Bjornson. As young men they were great friends; then politics flung them apart; they quarreled and never met for years and years. Strange fate brought the children of these two great writers together and Bjornson's daughter married Ibsen's only child. The fathers met after a quarter of a century of separation at the wedding of their children.

Waiter's Modest Request. Melba admires the independence of her fellow Australians, but on one occasion she had rather a pronounced experience with what she calls their "delightful impudence." She had waited a long time for dinner at her hotel in a large mining town and finally made a sharp complaint to the waiter. "Well, ma'am," said he, coolly, "you might sing us a song to pass the time." This to a vocalist who one evening received \$5,000 from William Waldorf Astor for singing four songs in his London mansion.



YOU CANNOT CURE

all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes by simply dosing the stomach. But you surely can cure these stubborn affections by local treatment with

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which destroys the disease germs, checks discharges, stops pain, and heals the inflammation and soreness. Paxtine represents the most successful local treatment for feminine ills ever produced. Thousands of women testify to this fact. 50 cents at druggists.

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The greatest cause of worry on ironing day can be removed by using Defiance Starch, which will not stick to the iron. Sold everywhere, 16 oz for 10c.

W. N. 1 DENVER, NO. 45, 1906.

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